



# Nakasendo & Hokkoku Kaido / Green Route

## ~ A Historic Route Journey across Mountain Passes and Time ~



### Route

### Highlights

- ◆ Witness the “Shima Blue” and massive rock formations. Be captivated by the dynamic beauty sculpted over tens of thousands of years.
- ◆ Walk through historic cedar-lined paths and experience a limited-time opportunity to explore an unused railway section normally off-limits, guided by a local expert.
- ◆ Feel the pleasant breeze flowing through the historical residence. Relax on tatami mats overlooking the garden and luxuriate in the timeless charm of a traditional Japanese summer.

### Day 1

From Tokyo Station

By Shinkansen & Car  
140 min

AM



#### ① Nakanoyo Gardens

A strolling garden where you can enjoy flowers throughout the seasons. Join the head gardener on a garden walk and discover the highlights of the grounds.

By Car  
15 min

OR

By Bus & On Foot  
35 min

PM



#### ② Shima Karst Landforms

A natural landscape featuring crystal-clear waters known as “Shima Blue” and terrain formed by river erosion. It conveys the natural beauty created over long ages.

By Car  
5 min

OR

By Bus  
8 min

Stay in Shima Onsen



#### ② Shima Onsen

A renowned hot spring resort with over 1,200 years of history, boasting abundant hot spring water. Experience the hot spring therapy culture amidst tranquil natural surroundings.

### Day 2

From Shima Onsen

By Car  
90 min

AM



#### ③ The Cedar Avenue of Annaka City

Boasting Japan’s largest cedar avenue along a highway, this historic landscape features trees aged 400+ years. They preserve the memory of Annaka’s roads in the present day.

By Car  
50 min



PM



#### ③ Usui Pass Abandoned Railway Walk

Walk along an unused railway line normally closed to the public with a guide. Immerse yourself in the fantastical scenery of moss and ferns while learning about sustainable tourism initiatives.

By Car  
150 min

Stay in Myoko



#### ④ Lake Otomi

A beautiful dam lake in Sasagamine Highlands. Stroll along the lakeshore to enjoy the scenery of mountains reflected on the lake surface and the nature leading to the Yumemidaira Promenade.

### Day 3

From Myoko

By Car  
35 min

AM



#### ④ Sasagamine

Yumemidaira Footbridge, located at an elevation of 1,300 meters. Enjoy guided walks and alpine flora in the cool highlands.

PM



#### ⑤ Northern Culture Museum ⑤ Fukushima Lagoon

Visit the mansion of the wealthy Ito family, a major landowner in Echigo. Stroll through the estate, gardens, and surrounding marshland. Experience the life and history of the wealthy farmers who supported new rice field development.



By Car  
30 min



To Niigata Station

By Car  
20 min



#### ⑤ Niigata Furusato Village

Niigata has the largest edamame cultivation area in Japan. Experience the aroma and flavor of the local “Kurosaki tea beans.”



: GREEN (Flowers, Greenery, Nature, etc.) Immersion Experience