



# Koshu Kaido & Sakukoshu Kaido / Green Route

~ An Autumn Journey of Harvests and Fermentation Traditions ~



## Route

Nagano  
5  
4  
3  
2  
1  
Tokyo  
Yamanashi

## Highlights

- ◆ Stroll through the vast forest of Meiji Shrine, immersing yourself in Japan's unique traditions and spiritual culture amidst the tranquil silence that lets you forget the bustle of the city center.
- ◆ Experience grape picking and tour wineries nurtured by Katsunuma's rich nature, savoring the depth of the region's history and winemaking culture.
- ◆ Walk through the moss-covered forest and waterside expanses of Shirakoma Pond. Enjoy a mystical world that feels like encountering spirit called the "mononoke".

## Day 1

AM

From Yoyogi Station



On Foot  
8 min



### ① Meiji Shrine

A guide narrates the story of creating this miraculous forest, planned with a vision for the next 100 years.



By Train  
50 min

or

By Car  
60 min

PM



### ② Tama Imperial Mausoleums

Four mausoleums, including those of Emperor Taishō and Emperor Shōwa, are located here, enveloped in a solemn and serene atmosphere.

Stay in Katsunuma

By Train  
60 min

or

By Car  
60 min

## Day 2

AM

From Katsunuma



On Foot  
5 min



### ③ Grape Picking

Enjoy not only tasting a wide variety of fresh grapes but also taking in the spectacular view of Mount Fuji and touring wineries.



On Foot  
5 min

PM



### ③ Winery Tour

A premier wine region producing Japan's finest terroir wines. Savor the depth of wine with all five senses, including comparative tastings of rare labels.



Stay in Kobuchizawa

By Train  
60 min

or

By Car  
50 min

## Day 3

AM

From Kobuchizawa



By Car  
60 min



### ④ Shirakoma Pond

Guided walks around the pond allow you to enjoy the changing autumn foliage and the beautiful moss ecosystem, which is also stunning in autumn.



By Car  
30 min

PM



### ④ Kurosawa Sake Brewery

Learn about their approach to sake brewing using underground water from the Chikuma River (from their own well). Visit the museum showcasing their premium sakes, and sample local brews.



To Kobuchizawa Station

By Car  
100 min

or

By Train  
90 min

: GREEN (Flowers, Greenery, Nature, etc.)  
Immersion Experience